



STUDENT ASSEMBLY

*Be a **HERO** in the Game of Life*

When we let go of our past we can finally show up as our true and **Honest** self. We will now be able to get out of our own way and start to **Empathize** with other students. We start to take **Responsibility** for our lives and how we present ourselves and treat others. Once we have instilled this habit of being our best, we can now be **Optimistic** that our big dreams are possible and when achieved could even inspire others to follow our lead. We finally learn that being a **HERO** for others, starts with being a **HERO** for our self.

This empowering Student Assembly will also teach students how to become a leader on your campus as well as how to set academic goals for achieving better grades and how to take steps toward their future college and career aspirations.

Topics covered in the **HERO Student Assembly presentation:**

- Be the real you. You are more than your story and setbacks.
- Why being friendly can make everyone feel included.
- How to respond rather than react to rejection and failure.
- The truth about social media and how to really be liked.
- How unplugging from your phone is the key to academic success.
- College and career dreams come true for those that work for them.

Note: I use music, dancing, inspiring stories and interaction with the audience throughout the presentation to keep your students engaged.