



BE THE PARENT YOU WERE MEANT TO BE!



How To Be AWESOME PARENTS

Being a parent is the toughest job on the planet. Every parent tries his/her best every day to be the absolute best parent they can be! Some days are harder than others. There are no qualifications to be a parent and few parents are ever given the tools to succeed - until Now! This is a “can’t miss” message for any parent wanting to change their life and inspire their children!

Parents will learn how to:

- Create a loving relationship with their children
- Accept their children as they are and encourage them each day
- Model success and self-esteem by walking your talk and pursuing your goals and dreams

Click on this [link](#) to view a video of Aric presenting to AWESOME Parents.

Scroll to the next page to view the AWESOME Parent worksheet.

I am an AWESOME Parent

A I **Awaken** my children with love and kindness each morning.

W I accept my children for **Who** they are.

E I **Encourage** my children and praise them one time each day.

S I am **Spontaneous** and fun.

O I am **Optimistic** that my children will have a great life.

M I **Model** success each day by living a happy and healthy life.

E I **Empathize** with my children by listening to them and supporting them.